

PSHE Curriculum map 2024-2025

Purple – statutory RSE

Red – NC Citizenship



Consent



British Values



Relationships














Careers



Protected characteristics

	Autumn 1 (7) Relationships	Autumn 2 (7) Health and wellbeing	Spring 1 (6) Living in the wider world	Spring 2 (6) Relationships	Summer 1 (6) Health and wellbeing	Summer 2 (6) Living in the wider world
Year 7	<p>Intro to PSHE and who am I (1)</p> <p>Transition to secondary school and feeling safe (1)</p> <p>Girls on board (1)</p> <p>Looking after and mainting relationships (2)</p> <p>Managing online relationships/groups (1)</p> <p> </p>	<p>Road and rail safety (2)</p> <p>Anti bullying week (1)</p> <p>Managing screen time (1)</p> <p>Managing emotions and mental wellbeing and setbacks (2)</p> <p>Managing Independence (1)</p> <p> </p>	<p>Money matters (1)</p> <p>Democracy in the local area (1)</p> <p>British values and freedoms (1)</p> <p>The monarchy (1)</p> <p>Safer internet day (1)</p> <p> </p>	<p>You and your family (1)</p> <p>Different types of relationships (1)</p> <p>Boundaries/harassment/peer pressure(2)</p> <p>Sharing of images online(not nudes) (1)</p> <p>Bullying or banter (1)</p> <p> </p>	<p>Eyes, ears, teeth (1)</p> <p>A good night's sleep (1)</p> <p>Living a healthy lifestyle (1)</p> <p>Drugs – prescription/vaccinations (1)</p> <p>Looking after skin (1)</p> <p></p>	<p>Careers and the industry box (1)</p> <p>Unifrog lesson (1)</p> <p>How to revise (1)</p> <p>Developing resilience (1)</p> <p>How to be an aspirational student (1)</p> <p>Fast fashion (1)</p> <p> </p>

	Autumn (7) Health and wellbeing	Spring (6) Living in the wider world	Summer (6) Relationships
Year 8	<p>wellbeing (signs) (1)</p> <p>Developing resilience (1)</p> <p>FGM (1)</p> <p>Risks associated with caffeine and sugar (1)</p> <p>Risks associated with vaping (1)</p> <p>Risks associated with tobacco (1)</p> 	<p>Careers + protected characteristics (3)</p> <p>Role of the police (1)</p> <p>The youth court (1)</p>  	<p>Real love rocks (3)</p> <p>Sexual harassment (1)</p> <p>Confident me (1) Dove self esteem</p>    
Year 9	<p>Looking after our mental health (2)</p> <p>Drugs - types/law/risks (2)</p> <p>Alcohol (1)</p> <p>Sharing of images – nudes (1)</p>  	<p>Careers and options (1)</p> <p>Citizenship – Freedom of press and politics (1)</p> <p>The court structure (1)</p> <p>Equality Act (1)</p> <p>Human rights (1)</p> <p>Self defence – carousel</p>   	<p>Healthy relationships (1)</p> <p>Consent and contraception (2)</p> <p>County lines (2)</p> <p>Damaging stereotypes (1)</p> <p>Self defence - carousel</p>   

	Autumn (7) Health and wellbeing	Spring (6) Relationships	Summer (6) Living in the wider world
Year 10	<p>Managing stressful situations/wellbeing – moving into year 10 (1)</p> <p>Re-framing negative feelings and resilience (1)</p> <p>Online – extremism/radicalisation (1)</p> <p>The harms and effects of gambling (1)</p> <p>Avoiding isolation and loneliness (1)</p> <p>Violence against women (1)</p>  	<p>Acorn and choices (1)</p> <p>STIs (1)</p> <p>Healthy relationships – spiralling (1)</p> <p>Consent – short word long sentence (1)</p> <p>Pornography harms(1)</p>  	<p>Financial awareness (1)</p> <p>How to write the perfect CV (1)</p> <p>Health and safety in the work place (1)</p> <p>Post 16 choices (1)_</p>  
	Autumn (7) Living in the wider world	(spring) (6) Relationships and health and wellbeing	
Year 11	<p>Post 16 destination search (1)</p> <p>Post 16 application forms and interview (1)</p> <p>Trade unions (1)</p> <p>Pensions (1)</p> <p>Salary, expenditures and housing (1)</p> <p>Mock revision/planning (1)</p>   	<p>Living with HIV (1)</p> <p>Marriage and other partnerships (1)</p> <p>Fertility/menopause/reproductive health/miscarriage (1)</p> <p>Parenting (1)</p> <p>Self examination and screening (1)</p> <p>Coercive control (1)</p>  	<p>Year 11 mental wellbeing session will happen during form time.</p>