

Dear Parent/Carer,

We are pleased to announce, that following the relevant training, Davison C.E High School for Girls is now an accredited 'Rainbow' school. This means we are able to extend our wellbeing support to our students through the Rainbows programme.

Rainbows is a programme dedicated to supporting those who have experienced bereavement and loss in their lives. This may include:

- Death of a loved one
- Divorce or parent separation
- Foster homes/adoption and Special Guardianship
- Families coping with life-limiting or terminal illness of a close family member
- A home where a parent is serving/ has served a prison sentence
- Families where one parent has never been part of the child's life
- Those who have experienced war or conflict
- Any other experiences of bereavement and loss.

Rainbows acknowledges that grief needs to be supported, not denied, hidden or ignored. It supports self-esteem, trust, confidence and resilience. It promotes emotional development and positive healthy relationships.

Rainbows provides structured, age-appropriate materials through a 10-12 week programme. Each group will be up to 6 students. The sessions will take place during the school day, by Davison staff, who are committed to helping children put their feelings into words, work through their grief, build a stronger sense of self-esteem and begin to accept what has taken place in the family.

Rainbows is an opportunity for your daughter to share with someone on the outside, what is happening on the inside.

If you think the Rainbows programme could benefit your daughter, please complete the linked form, for your child to be considered. Students can also self-refer through the same link.

<https://forms.office.com/e/LdQru5N8YB>

For more information, please email rainbows@davisonhigh.school and we will try our best to answer your questions...

Yours sincerely,

Mrs C. Jameson

Wellbeing Lead

Certified Trauma Informed Practitioner

Miss J. Harbert

Life Skills Mentor/LSA