

PSHE Curriculum map 2023-2024

Bold and underline – statutory RSE

Red – NC Citizenship



Consent



British Values













Relationships





























Careers



Protected characteristics

	Autumn 1 (7) Relationships	Autumn 2 (7) Health and wellbeing	Spring 1 (6) Living in the wider world	Spring 2 (6) Relationships	Summer 1 (6) Health and wellbeing	Summer 2 (6) Living in the wider world
Year 7	<p>intro to PSHE (1)</p> <p>Transition to secondary school and feeling safe (1)</p> <p><u>Girls on board (1)</u></p> <p><u>Looking after and maintining relationships (2)</u></p> <p><u>Managing online relationships/groups (1)</u></p>	<p><u>Road and rail safety (2)</u></p> <p><u>Anti bullying week (1)</u></p> <p><u>Managing screen time (1)</u></p> <p><u>Managing emotions and mental wellbeing and setbacks (2)</u></p> <p><u>Managing Independence (1)</u></p>	<p>Money matters (1)</p> <p>Democracy in the local area (2)</p> <p>British values and freedoms (1)</p> <p>The monarchy (1)</p> <p>Safer internet day (1)</p>	<p><u>You and your family (1)</u></p> <p><u>The roles and responsibilities of parenting – successful parenting (1)</u></p> <p><u>Different types of relationships (1)</u></p> <p><u>Boundaries/harassment/peer pressure(2)</u></p> <p><u>Bullying or banter (1)</u></p>	<p><u>Eyes, ears, teeth (1)</u></p> <p><u>A good night's sleep (1)</u></p> <p><u>Living a healthy lifestyle (1)</u></p> <p><u>Looking after skin (1)</u></p> <p><u>Drugs – prescription/vaccinations (1)</u></p>	<p>Careers TBC</p>
	 	 	 	  		

	Autumn (7) Relationships	Spring (6) Health and wellbeing	Summer (6) Living in the wider world
Year 8	<u>Real love rocks (3)</u> <u>Sexual harassment (1)</u> <u>Confident me (2) Dove self esteem</u> <u>FGM (1)</u>   	<u>wellbeing (signs) (1)</u> <u>Managing independence outside (1)</u> <u>Anti-smoking and vaping (1)</u> <u>Internet safety and harms – sharing of images (1)</u> 	Careers (4) Law and order (2)   
Year 9	<u>Looking after our mental health (2)</u> <u>Drugs - types/law/risks (2)</u> <u>Alcohol (2)</u>  	Careers and options (1) Democracy – national and global (2) Democracy and voting (1) Equality Act (1) Human rights (1)   	<u>Healthy relationships (1)</u> <u>online relationships – sharing of nudes (1)</u> <u>Damaging stereotypes (1)</u> <u>Consent and contraception (2)</u> <u>County lines (1)</u>   

	Autumn (7) Health and wellbeing	Spring (6) Relationships	Summer (6) Living in the wider world
Year 10	<u>Managing stressful situations/wellbeing - exams (1)</u> <u>Re-framing negative feelings (1)</u> <u>County lines/exploitation/ knife crime (2)</u> <u>Online – extremism/radicalisation (1)</u>  	<u>Acorn and choices (1)</u> <u>STIs (1)</u> <u>Healthy relationships – spiralling (1)</u> <u>Consent – short word long sentence (1)</u> <u>Pornography (1)</u> <u>Coercive control (1)</u>  	Financial awareness (1) How to write the perfect CV (1) Health and safety in the work place (1) Post 16 choices (1)_  
	Autumn (7) Living in the wider world	(spring) (6) Relationships and health and wellbeing	
Year 11	Post 16 destination search (1) Post 16 application forms and interview (1) Trade unions (1) Pensions (1) Salary, expenditures and housing (1) Mock revision/planning (1)   	<u>Living with HIV (1)</u> <u>Marriage and other partnerships (1)</u> <u>Fertility/menopause/reproductive health/miscarriage (1)</u> <u>Self examination and screening (1)</u> <u>Healthy relationships and consent (1)</u>  	Year 11 mental wellbeing session will happen during form time.