

# NCS

## SUMMER 22

**National Citizen Service (NCS) is an opportunity that helps 15-17 year olds build skills for work and life, embark on new challenges, meet new people and contribute to your local community.**

### **NCS SUMMER**

We'll help them realise that big, exciting things can come from feeling a little bit overwhelmed! We want them to know how incredible they are and show the world and themselves, exactly what they're made of!

NCS can boost their CVs, college applications and UCAS statements, showing that they have a wider range of skills and experience.

### **WHAT IS IT?**

NCS is a two week programme where your teen stays away from home and gives them the chance to come out of their comfort zones and take on new challenges. Your teen will have the chance to learn new skills to increase their independence.

### **WHY ARE WE TELLING YOU THIS?**

NCS will be presenting to your teen to let them know what NCS is all about and give them the opportunity to take part in this life changing programme.



**We will be talking to your teen:**

**SCHOOL:**

**DATE:**

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# THE PROGRAMME AT A GLANCE



Your teenager will stay away from home and get the buzz of achieving something they thought was impossible. That's what the first phase is all about. They will meet new people and take on brand new challenges.



Still away from home your teen will learn the skills needed for work, further education and independent living. Completing various workshops to enhance their skills and increase their self confidence, your teen will pick up a lot in this phase.



Armed with new skills, this is their chance to use them for good. They will create a social action project to make a lasting impact on the community. Working with their new team to really make a difference.



We're not going to sugarcoat it, some parts of NCS can be pretty tough. This is why we want young people to be recognised. They will receive a certificate signed by the PM to remind them of all the wins they've had and celebrate with a bang.

NCS is a two week programme that contains a residential element as well. Your teen will get the chance to stay away with their peers to learn independence skills and enhance their life experience. In the Be Epic and Live Life phases they will stay away from home and have all their meals and transport provided. When taking part in the Do Good phase, you teen will return home each evening so you don't have to miss them for too long!

## HOW MUCH?

National Citizen Service is a Government funded programme that was started in 2011. The cost of the entire programme is £1500 but as NCS is heavily subsidised all we ask from you is a contribution of £50!

If £50 is too much in these current times then we have bursaries available for you to apply for, just speak to one of our team members.

**Get your NCS experience this summer and pay a maximum of £50**

## HOW TO SIGN UP

If you think you are entitled to a bursary please call **0800 197 8010** to sign up



## YOUR SIGN UP JOURNEY

### Important Forms

You will receive communications to get you logged in to your own personal NCS portal. Here you will need to fill in your teen's medical form.

### We'll be in touch

You will be contacted by our team to run through things in more detail and you'll be invited to attend parent sessions.

### You'll receive a welcome pack and all the info you need

Make sure you check your emails for this information.

### Dietary Requirements

At this point please let us know any requirements your teen has

**"When my son came back he had just blossomed, his confidence had grown so much it was incredible, I would highly encourage parents to get their teens on NCS, it teaches them to have conversations they wouldn't normally have the confidence to have."**

**- NCS Parent**

## SPECIAL EDUCATIONAL NEEDS AND DISABILITIES

When your teen signs up let us know of any medical conditions, special educational needs or disabilities. We will then contact you to work with you to develop a care plan and make necessary reasonable adjustments to maximise their NCS experience and opportunities.



## COVID-19

We are taking all the necessary precautions to keep your teen safe. The world has changed and NCS has adapted to ensure your teen's safety. From staff training, to new ways of working, we want your teen to feel safe at every stage of their programme. The National Youth Agency (NYA) is the Professional Statutory and Regulatory Body for youth work in England and, in consultation with Public Health England and the Health and Safety Executive, develops youth sector specific advice and guidance. As NCS falls under this criteria, we will always follow the most up to date guidance from the NYA and Government.

## REFUNDS

We offer a 14 day cool off period for you to apply for a refund if you change your mind about a programme and in the unlikely event of NCS being cancelled you will be offered a full refund.

## MORE INFORMATION

You can get more information on the NCS programme by visiting [wearencs.com](http://wearencs.com).

## WATCH OUR VIDEO

To get the gist of our programme, watch our quick video here. You will get an insight into what your teen will be up to whilst their away.

**Watch the video here**



## HOW TO GET IN TOUCH

If you want to ask us a question why not give us a call on **0800 197 8010** or email us at **[askncs@ingeus.co.uk](mailto:askncs@ingeus.co.uk)**

## FOLLOW US ON SOCIAL MEDIA

NCS in your area will be delivered by a company called Ingeus UK. For all the latest updates on events, your local programmes and photos, follow us on **Twitter** **[@IngeusYouth](https://twitter.com/IngeusYouth)**

For all NCS updates SEARCH NCS on these platforms.





## **SAFETY AND SUPERVISION**

Your young person's safety and wellbeing is our top priority. Our comprehensive policies and procedures provide quality assured training for our NCS teams, and we are fully insured.

To ensure all of our NCS programmes are safe, all staff undergo the following checks and training:

- Enhanced DBS check (Disclosure and Barring Service)
- First Aid (certified)
- Safeguarding
- Equality & Diversity

## **TEAM STRUCTURE**



Our staff ratios are two qualified members of staff for every 16 young people.

Our staff also hold qualifications in behaviour management, risk management and leadership.

## **SAFEGUARDING**

Safeguarding relates to action taken to promote the welfare of children and protect them from harm. Safeguarding is everyone's responsibility. Safeguarding is defined in Working Together to Safeguard Children 2013 as:

- Protecting children from maltreatment
- Preventing impairment of children's health and development
- Ensuring that children grow up in circumstances consistent with the provision of safe and effective care and taking action to enable all children to have the best outcomes

As an organisation that works with people of all ages and backgrounds, we are committed to acting in the best interests of vulnerable people including children, and ensuring that all reasonable steps are taken to prevent them from harm.

Safeguarding training is mandatory for all employees, and we have specific policies and processes setting out our approach and actions for safeguarding. Please get in touch if you would like further information.

## **PHOTOGRAPHY**

NCS is a growing community and part of this involves sharing the NCS experience with others through photographs and films. As an NCSer, your teenager may be photographed or filmed on programme taking part in their activities. If you do not permit to this, please ensure that you 'opt out' by stating your preferences on the Medical & Parental Consent Form.

# FREQUENTLY ASKED QUESTIONS



## Can I speak to someone before signing up?

The answer is yes of course you can. You can talk to a member of our team 7 days a week by calling this number

0800 197 8010

## How is it going to help their future prospects?

From employers to universities to apprenticeship providers, most places now recognise the skills and experiences that young people gain on NCS, giving them an advantage over their peers. NCS looks great on CVs and UCAS applications.

## What are the benefits to my teen?

They will get the chance to meet new people, expand their horizons, learn brand new skills and build their confidence. They will be instrumental in making a difference in their local communities and help others.

## My teen has additional needs, can they still take part?

NCS is open to everyone. We can create a care plan once we have their medical form and discuss their needs with yourself.

## Is there help available towards the cost of NCS?

If you need additional help paying for NCS you can apply for a bursary by talking to our Contact Centre before you sign up.

Call them on 0800 197 8010

## Do they have to do the NCS programme?

Whilst NCS isn't compulsory, it is a unique and exciting opportunity that is only available to 16-17 year olds and places this year are very limited.

## What happens if someone displays symptoms of COVID-19 on programme?

Should somebody display symptoms of COVID-19 on programme, we would suspend programme and ask the individual to be tested as soon as possible. Any further activity would be carried out digitally where possible. Where the test is negative, we would then seek to reconvene the group and continue with the remainder of the programme. Where the test is positive, we would comply with the national track and trace scheme and follow the government guidance on recommending testing for the rest of the group. In addition, we will practice excellent hygiene and social distancing whilst on programme, to try and mitigate the risk of transmission as far as possible.

## Does my teen need to bring money?

Extra money is not needed. However if you wish to give your teen extra cash for shops you may wish to do so.

## How will you ensure safety on programme?

Each programme and each activity has been risk assessed to ensure safety on programme. Your teen will be given a code of conduct to read through and follow on programme to ensure the safety of others.

## Can my teen do a programme with friends?

Once you have signed up you can put in a request to one of our members of staff if there are any friends that your young person would like to do the programme with.



# FREQUENTLY ASKED QUESTIONS



## Will my teen be forced to do activities?

Never. We will never force your teen to do anything they don't want to do. We will be there to encourage them to face their fears and tackle new, exciting things.

## Will food be provided?

All food and transport will be provided for the first week of NCS.  
(Bursaries are available for the second week if needed)

## Can I contact my teen whilst they're on programme?

Yes of course you can. Your teen may not have their phone in the day due to the nature of the activities but there will be opportunities to talk to them and you'll be given an emergency contact number.

## Why do I have to fill out my details?

This is to secure your teen's place on programme. If you put in your details and don't complete the sign up process, we will call you to answer any questions you may have about the experience.



## Can they bring their phone?

Of course they can, but we will ask that they please limit use during activities.



## Will NCS provide masks and PPE?

Teens are encouraged to bring their own masks for use in indoor spaces if the rules apply.



**NCS IS AN EXCITING  
OPPORTUNITY AND  
WE WOULD LOVE TO  
SEE YOUR TEEN ON  
PROGRAMME!**

**SIGN UP TODAY**

**[wearencs.com](http://wearencs.com)**

