



# TRUST

Trust is the very essence of faith; trust in the God who is trustworthy.

'Trust in the Lord' is a central theme in the Psalms. Time and time again, God is the acknowledged as the source of all true

security and strength. This is contrasted with trust in chariots, horses, weapons, wealth or princes (Psalm 20:7; 118:8-9). What things do you often trust in that won't ultimately fulfil you? (It might not be a chariot)

Trust is essential to human life and lies at the heart of all relationships. Trust entails vulnerability, putting yourself in others' hands. We have to trust experts - pilots, dentists, surgeons. Yet, within our society, there often seems to be mutual distrust between people and those responsible for governing them.

Marriage is founded on trust and is a God-given framework in which human trust can be developed. The wording of the Christian marriage vows sends out a strong message in a society where the breakdown of trust is widespread. Why not have a look at Christian marriage vows in colour time or one of your assemblies.

Trust is central to civilised society, to living together in harmony, so it is to be valued and honoured. With wisdom and discernment, we can relearn to trust. We can begin to rebuild trust in our mistrustful society by being reliable ourselves, by not letting people down. Similarly, when we work with others, if we are willing to let go of control ourselves and trust in the abilities and integrity of others, everyone can be enriched. Jesus, after all, entrusted his ongoing work to his disciples and ultimately to us. You can learn about this by reading Matthew Chapter 28.

